



THE SURIN
PHUKET



THE SURIN SPA EXPERIENCE

Thailand, with its diverse history of people and cultures and vast abundance of natural resources, offers a heaven of calm and serenity. At The Surin Spa, we use natural spa amenities in massages and treatments that range from deep tissue invigoration to beauty therapies for skin radiance and inner glow.

These spa therapies have been designed to nourish, rejuvenate and balance the skin through the healing power of plant oils and essences. The Surin Spa experience includes a series of massages oil to reflect the theories and treatments of the individual healing traditions found in the region.

We highly recommend booking your treatment in advance to ensure your preferred service and time is available.
Please call extension number "0" or "430" for further assistance.



THE SURIN SIGNATURE MASSAGE

The ultimate pampering experience will start with sound therapy to calm your mind with tibetan singing bowl followed by a combination of Thai massage to release your muscular tension and then smooth, warmed stones glide across your body with the signature blend of aromatherapy oil, Frangipani, Tangerine and Lotus essential oils. This signature treatment presents the blissfulness experience like no other. Treatment time is 90 / 120 minutes.



THE SURIN INDULGENCE

Indulge yourself and start your journey with a full body scrub using natural products. This is then followed by a body massage combination of Thai and aromatherapy massage that will leave you with a complete sense of serenity. Treatment time is 120 minutes.

THE SURIN REJUVENATION

Delight yourself and start your journey with an energizing 90 minutes body massage selection, then followed by an hour of nourishing facial treatment that will revitalize your body and mind. Treatment time is 150 minutes.



THE SURIN BODY RITUAL

Relax and forget the stresses of everyday life. Start your journey with your selection of body scrub using exclusively natural products, followed by a body wrap of your choice and an energizing body massage selection to complete this ritual leaving you feeling deeply relaxed and refreshed. Treatment time is 150 minutes.

THE SURIN SERENITY

Spend the day pampering yourself with bespoke spa experience. Create your own spa treatment with our choices of top to toe treatments. Therapist will first take time to understand each individual guest through a personal consultation before customising a package best suited to your needs. Treatment time is 180 minutes.

Body Scrub or Body wrap 30 minutes.

Body Massage 60/ 90 minutes.

Relaxing Facial 30/ 60 minutes.

Head or Foot Massage 30 minutes.



BODY MESSAGES

TRADITIONAL THAI MASSAGE

Improve movement and flexibility through yoga-style stretches and pressure point massage techniques to release muscular tension. This bodywork therapy is performed over loose comfortable clothing to allow movement. Thai massage is uniquely relaxing yet energizing, and is a highly effective therapeutic treatment.

Treatment time is 60 or 90 minutes.

SURIN WAVE MASSAGE

This gentle aromatic massage using a combination of long strokes by thumbs and palm techniques, along with aromatherapy oil blend of your choice, this massage delivers waves of deep relaxation.

Treatment time is 60 or 90 minutes.

DEEP TISSUE MASSAGE

The perfect massage therapy, especially helpful for releasing muscle tension, stiff necks, lower back tightness, and sore shoulders. During a deep tissue massage, the massage therapist will apply slow, intense strokes and pressure to the target area, leaving you feeling refreshed and rejuvenated.

Treatment time is 60 or 90 minutes.



BODY MESSAGES

SUN DOWN MASSAGE

Soothing after sun massage with Aloe Vera gel. A gentle, relaxing massage in which our therapists apply long strokes technique. Treatment time is 60 or 90 minutes.

MOTHER-TO-BE MASSAGE

Specifically designed for mothers-to-be, this massage promotes relaxation, increases circulation and provides comfort during your wondrous time of change. Natural sweet almond and coconut oil are choices for your selection. Treatment time is 60 or 90 minutes.

AROMATIC WARM CANDLE MASSAGE

Aromatic candles for a warm, deeply relaxing massage were created from a mixture of precious butter and vegetable oils. The warm massage oil is poured over your body and massaged into the skin for a relaxing treatment that leaves skin silky smooth and irresistibly scented. Our therapist will typically tailor the massage to the individual's needs. Treatment time is 60 or 90 minutes.



BODY MESSAGES

HERBAL POUCH MASSAGE

Rejuvenate your body and mind with traditional therapeutic treatment that has been used for centuries in Thailand. The practice involves the use of heated compresses, made of a variety of aromatic herbs, which are applied to the body to relieve pain, reduce inflammation, and promote relaxation then followed by long stroke of swedish massage techniques with sweet almond oil. Treatment time is 90 or 120 minutes.

HOT STONE MASSAGE

Therapeutic and relaxing, this treatment alleviates stiffness and soreness while restoring energy and balance. Smooth, warmed stones glide across your body in long, flowing strokes. The stone's heat relaxes the muscles and has a soothing effect on your emotions. Treatment time is 90 or 120 minutes

BACK, SHOULDERS AND HEAD MASSAGE

This massage begins with stretching to improve circulation and flexibility followed by the combination of back, neck and shoulder massage. Treatment time is 45 minutes.

RELAXING FOOT MASSAGE

This Massage in combination with foot revitalization is the best choice for treating fatigue of the lower limbs, but also the whole body, as it improves the circulation of blood, helps to detoxify and at the same time soothes the nervous system. Treatment time is 45 minutes.



BODY SCRUBS

COCONUT GLOWING SCRUB

Freshly grated local coconut is mixed with rich moisturizing wild honey and granulated rice powder to exfoliate and remove surface cells leaving you with soft and glowing skin. Treatment time is 60 minutes.

RENEWAL SEA SALT SCRUB

A natural sea salt scrub that deeply exfoliates and nourishes the skin with a relaxing herbal and aromatic scent. The qualities of Ylang Ylang and lavender oils are anti-inflammatory and soothing. The skin feels softer after this treatment and skin cells are naturally renewed. Treatment time is 60 minutes.

HERBAL SPICE COFFEE SCRUB

This works as a gentle exfoliation to your skin. It uses a combination of coffee grounds and mix of Thai herbs to rejuvenate your skin and stimulate new growth. Treatment time is 60 minutes.

DE AGING TROPICAL FRUIT SCRUB

Fruit extracts from mango, passion fruit and squalane combined with carotene leaves skin smoothing, mineralizing, and healing. The fluffy lather that forms while scrubbing removes impurities and toxins while gently polishing your skin. Treatment time is 60 minutes.



BODY WRAPS

DETOXIFYING ALGAE WRAP

Revitalize the metabolism and allow toxins, impurities to dissolve into the surrounding crystal infused waters. Designed to detoxify and improve circulation, this smoothing micronized algae wrap improves the skin's tone on problem areas such as: waist, hips, abdomen, thighs and buttocks for a sleeker, silkier contour. Treatment time is 60 minutes.

WATER LILY AFTER SUN SOOTHING WRAP

Immediately relieve your sun damaged or sun sensitive skin with this soothing and gentle massage. Cooling and desensitizing water lily, green tea, and chamomile, relieve the discomfort of over exposed skin. Alleviating the skin's burning and stinging sensation. This treatment heals, desensitizes, and decreases skin temperature. Treatment time is 60 minutes.

DE-STRESS MOOR MUD WRAP

A warm aromatic moor mud rich in natural vitamins, minerals and enzymes, is generously applied to your entire body. Sore muscles, aches and pains are alleviated as your body's circulation is stimulated and stress vanishes. Ideal for those prone to chronic pain or fatigue, rheumatism/arthritis pain and post sports injuries. Treatment time is 60 minutes.

ANCIENT THAI HERBAL WRAP

Enjoy the treatment that purifies and restores tone and vitality to the skin. This body wrap uses Thai White Mud blend with several Thai herbs which are renowned for their extra sensory enhancing experiences. Treatment time is 60 minutes.



FACIAL TREATMENTS

NATURE SOOTHING FACIAL

The Surin Phuket signature facial using freshly made facial products from handpicked herbs and natural healthy ingredients. Give your skin a radiant glow, decreases skin burning, replenishes and hydrates.

Treatment time is 60 minutes.

ULTRA HYDRATING FACIAL

An intense and deeply hydrating facial for immediate deep moisture and smoothing effect and a long lasting relief. The treatment provides 3 types of highly purified hyaluronic acid that act at 3 different skin layers.

Treatment time is 75 minutes.

EXPERT VITAMIN FACIAL

A deep nourishment by vitamin E2 to sensitive skins; you will experience a delightful face massage that will help to visibly improve the appearance of your skin, due to its powerful antioxidant effect. This is also the perfect treatment to compensate sun exposure. Treatment time is 75 minutes.



FACIAL TREATMENTS

PURIFYING FACIAL

This naturally anti-bacterial treatment is suitable for oily, combination, congested and acne-prone skins. It helps to purify the skin while keeping a good level of moisture, leaving it with a velvety effect. It will help to reduce the size of your pores and the production of sebum. Your skin will get all necessary nutrients and relaxation, showing an immediate revitalizing result. Treatment time is 75 minutes.

LIFT AND REPAIR FACIAL

This hands-on facial is customized to suit all skin types. It infuses your skin with active ingredients, leave it intensely clean, clear and pure. An immediate tightening effect is the result and it will help, nourishing and smoothing the skin, reducing wrinkles, fine lines and signs of fatigue. Treatment time is 75 minutes.

SPA TREATMENT	DURATION	PRICE
THE SURIN SIGNATURE EXPERIENCES		
The Surin Signature Massage	90 / 120 mins	4,800 / 6,500
The Surin Indulgence	120 mins	6,500
The Surin Rejuvenation	150 mins	7,500
The Surin Body Ritual	150 mins	8,500
The Surin Serenity	180 mins	9,000
MASSAGE		
Traditional Thai Massage	60 / 90 mins	2,800 / 3,800
Surin Wave Massage	60 / 90 mins	3,200 / 4,200
Deep Tissue Massage	60 / 90 mins	3,200 / 4,200
Sundown Massage	60 / 90 mins	3,500 / 4,500
Mother to be Massage	60 / 90 mins	3,500 / 4,500
Aromatic Warm Candle Massage	60 / 90 mins	3,500 / 4,500
Herbal Pouch Massage	90 / 120 mins	4,500 / 6,000
Hot Stone Massage	90 / 120 mins	4,500 / 6,000
Back, Shoulders & Head Massage	45 mins	2,500
Relaxing Foot Massage	45 mins	2,500

SPA TREATMENT	DURATION	PRICE
BODY SCRUBS		
Coconut Glowing Scrub	60 mins	3,000
Renewal Sea Salt Scrub		
Herbal Spice coffee Scrub		
De Aging Tropical Fruit Scrub		
BODY WRAPS		
Detoxifying Algae Body Wrap	60 mins	3,200
Water Lily After Sun Soothing Wrap		
De-stress Moor Mud Wrap		
Ancient Thai Herbal Wrap		
FACIAL TREATMENTS		
Nature Soothing Facial	60 mins	3,500
Ultra Hydrating Facial	75 mins	4,000
Expert Vitamin Facial	75 mins	4,000
Purifying Facial	75 mins	4,000
Lift and Repair Facial	75 mins	4,500

Prices are in Thai Baht, subject to 10% service charge and 7% government tax.

Enjoy a full range of amenities when visiting The Surin Spa, including a bathrobe, slippers, changing room and safety box.

OPERATING HOURS

Open Daily: 10:00 - 21:00 hrs.

RESERVATIONS

Advance reservations are recommended to ensure that your preferred time and service is available.

Please dial extension number "0" or "430". You may also call The Surin Spa at +66 (0) 76 316 400

Email: spa@thesurinphuket.com

SPECIAL CONSIDERATIONS

Most treatments can be adapted to accommodate pregnancy or injury.

Please contact us with any queries and let us know of any medical or health concerns.

PRENATAL TREATMENTS

Massage therapy during pregnancy is a soothing complement to your prenatal care and a healthy way to reduce stress and promote wellbeing.

Please contact our expert Spa therapists for a personalized consultation to create a customized wellness ritual.

Recommend only for pregnancies over 16 weeks.

ARRIVAL

Please check in at The Surin Spa at least 15 minutes prior to your scheduled treatment time, allowing time to complete your holistic health assessment. We regret that late arrivals will not receive an extension of scheduled treatments.

SPA ENVIRONMENT

Please refrain from smoking and turn your mobile phone off or to a silent setting whilst in, or around The Surin Spa.

Guests under the age of 12 years are required to have parental consent prior to the booking being accepted.

VALUABLES

Please leave your valuables in the safety deposit box provided in the treatment room.

CANCELLATION

Please inform us of any cancellation at least 24 hours in advance. Any cancellation with less than 4 hours of your scheduled appointment will incur 50% cancellation Fee. Full charges will be imposed for a no-show.



THE SURIN SPA

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